

*Tips provided by [PAW Rescue](#), they are a fantastic information resource!*

## KEEPING A ROUTINE

Dogs are creatures of habit. A consistent routine for feeding, exercising, and potty time will help your dog adjust.

Take your dog outside as soon as you wake up. If you feed him in the morning, leave him time to relieve himself after breakfast before you go to work.

After you return from work, take him out immediately to potty and exercise. If he has exercised heavily, wait an hour before his evening feeding. He'll need another bathroom break anywhere from 30 minutes to several hours later depending on his age and habits. Go out once more right before you go to bed. Withhold evening snacks.